


# McCreary County

Cooperative Extension Service

## 2024 Report To The People

 Cooperative Extension Service

### Extension at a Glance



**2711** Number of people who directly benefited from SNAP education materials, supplies, information, and programming in McCreary County.

**1200** Number of youths engaged in 4-H programs focused on art, history, STEM, healthy living, and agriculture within the school system.

**1000** Number of volunteer hours dedicated to Extension programming by youth, adult, and Master Gardener volunteers.


**395** Number of producers and landowners who utilized testing services and Extension recommendations to improve forages, plant health, and soil quality.

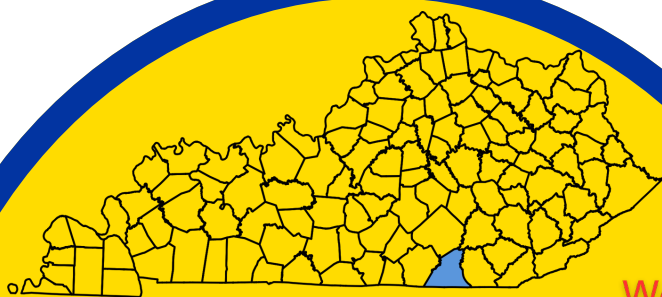
**391** Number of people who gained knowledge to combat food insecurity through extension programs, including beginning gardening, home food preservation, and cooking healthy meals from the garden.

### McCreary County Extension Office Staff

  
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We're  
MOVING



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42653



# 2024 Highlights

## Yes, You Can! Food Preservation Class

According to a 2018 CDC report, only 6-8% of adults in Kentucky meet the daily fruit and vegetable intake recommendation. A 2023 study found that home food preservation can enhance food security and healthier eating habits. However, barriers like lack of experience hinder home food preservation. To address this, McCreary County Extension hosted a 2-day food preservation workshop, where ten participants gained increased knowledge and confidence, with four attending further programs and two planning to purchase canning equipment.



## Lake Cumberland Area Cattle Reproductive Schools

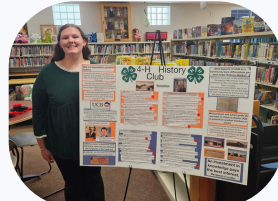
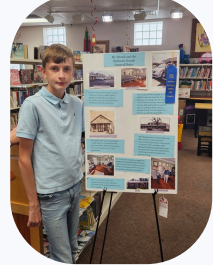
In rural Kentucky, limited access to veterinarians and reproductive technologies pose a challenge for cattle producers. A training initiative across Lake Cumberland Area counties engaged 50 farmers, providing hands-on A.I. and pregnancy check training. As a result, 90% gained confidence in performing these tasks, and 70% planned to implement them within three months, potentially boosting herd fertility by 20%.



Four McCreary 4-H members were nominated for the Kentucky 4-H Achievement Program and attended the 2024 4-H Leadership Summit, where they developed skills to lead their own clubs and mentor younger 4-H'ers, organize community projects, and engage in public speaking events. Through service, collaboration, and innovation, 4-H fosters leadership and civic engagement, empowering youth to create meaningful, lasting change in their communities.



## 4-H Leadership



**98.99%** of youth in McCreary County have been involved in 4-H programming.

### We offer the following services:

- On-Farm Consultations
- Diagnostic Testing Services
- Agricultural Certifications
- Pressure Canner Gauge Testing
- Homebased Processing & Microprocessing
- Life Skills and Nutrition Education Programs
- Youth programs for all ages



Support for Kentucky Extension Homemakers Association (KEHA) and Kentucky Cattlemen's Association



SCAN ME!

### Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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